

UPCOMING INDUSTRY COURSES

27 - 31 Jan	The Racing Industry Course TRIC	The British Racing School
10 - 14 Feb	Trainers Module 1	The British Racing School
03 - 07 Mar	Trainers Module 2	The British Racing School
04 - 07 Mar	Level 1 Rider Coaching Course	The National Horseracing College
17 - 19 Mar	Racing Secretaries Course	The National Horseracing College
24 - 28 Mar	Trainers Module 3	The British Racing School
14 - 17 Apr	Assistant Trainers Course	The National Horseracing College
15 - 17 Apr	Racing Secretaries Course	The National Horseracing College

2025 marks a milestone in JETS history as we celebrate our 30 year anniversary. Since the charity was established by the PJA and the IJF, it has gone on to support over 1200 current and former jockeys with career advice and skills and assisted over 480 individuals in gaining employment. Each year we typically issue over £90,000 in training grants and scholarships annually a figure that's gone up from £20,000 when we first started with 2024 being a record breaking year in terms of applications.



How has JETS helped you? If you've benefited from JETS support, please get in touch as we'd like to record video testimonials throughout the year to show the range of ways that JETS has supported jockeys over the years.

NEW JOCKEY AMBASSADOR TRAINING

Following two successful training courses for Jump and Flat jockeys, we're delighted to offer Jump jockeys (limited number) the opportunity to take part in this intensive two day training course providing bespoke advice across a range of areas including personal branding, media and commercial opportunities to help jockeys not only promote themselves but also be successful ambassadors for the sport. Previous attendees include Sean Bowen, Alan Johns, Patrick Wadge, Charlotte Jones and James Bowen.



▶ IF YOU WOULD LIKE TO ATTEND ANY OF THESE COURSES, PLEASE CONTACT LISA OR PHIL

DATE FOR DIARY:
30th June & 1st July 2025

SCHOLARSHIP NEWS

JETS was pleased to support Thomasina Eyston's scholarship application for a one year Masters degree in neuroscience at Exeter University which she started in September. After an unfortunate spell of injuries, Thomasina switched from Conditional to a Cat B Amateur licence so she can carry on riding alongside her studies. She is applying for PHD research projects next year.



“ I did an undergraduate degree in Chemistry and am currently applying to work on PHD research projects to treat mental health disorders so this course will give me a greater understanding of neural networks and how different drugs act on the brain. It's an area where a lot of work needs to be done to improve treatment options and hopefully I can tie it back to the racing community and help jockeys and stable staff who may be suffering with their mental health. ”

JOCKEY STORIES

William Kennedy had already started his coaching qualifications when he retired from riding in 2023 aged 41. He has since become a full time Regional Jockey Coach based in the Midlands but travelling to yards as well as doing coaching drop in sessions at Warwick Racecourse and Oaksey House as well as helping with the delivery and assessments on the Jockeys Licence course. As he has gained more experience with different riders, he has evolved his coaching style working with each jockey to develop their own individual style whilst ensuring the fundamentals are in place to get the best out of the horse. Despite using JETS he still feels more needs to be done to encourage jockeys to work on new skills at an earlier stage.

“ I am always hammering home to jockeys to use JETS. There are so many brilliant courses which equip you with useful skills for anything in life and you can do at any time not just when you're thinking about stopping riding, it's just when you have time, maybe when you're injured or suspended. You may only be a third of the way through your working life when you stop riding so you need to get ahead. ”



RICHARD DAVIS AWARDS 2024 REVIEW



"To be a successful jockey you need to have discipline, determination and attention to detail. With these skills and the expertise of JETS to support us, we can all fulfil our destiny and our finalists are strong examples of what can be achieved." Awards Host Tom Scudamore

THE JOCKEY CLUB THE JOCKEY CLUB ACHIEVEMENT AWARD (£3000 PRIZE)

WINNER

Sam Welton

Former Conditional jockey Sam Welton (34) continued to work in racing for a number of years before deciding to pursue a second career in construction and now works as a site agent based in Yorkshire on two multi million pound construction projects. Sam liaised continually with JETS over the past ten years helping him gain the Access qualification required to go to university. With the help of a JETS scholarship, he went on to achieve a 2:1 degree in Structural and Civil Engineering which he carried out whilst also working and dealing with the pandemic, finally graduating in 2023.

RUNNERS UP

Megan Carberry (Physiotherapy) and Katie O'Farrell (Sports Psychology)



“ I am very grateful to JETS for all the support they've provided me with. As well as the financial support, they have guided me through times when I've struggled personally or with my studies and so I feel very proud to have secured such a good second career in a growing sector. I think racing has taught me skills which have really helped me in my second career and winning this Award is proof that all the hard work has been worth it. ”

THE IJF PROGRESS AWARD (£2000 PRIZE)

WINNER

Alan Johns

Alan has ridden as a jockey for eleven years and is the first current jockey to win the IJF Progress Award in recognition of the significant progress he's made developing a second career in the media alongside his riding. He attended the Jockey Ambassador Training organised by JETS, the PJA and GBR and since then has carried out a number of different training courses to help develop his media and presentation skills. Working with sponsors, racecourses and GBR he has created some really engaging content for social media and is now developing work and contacts as he forges ahead with his career both in and out of the saddle.

RUNNERS UP

Paula Muir (Dog Grooming) and Ryan Timby (NHS)



“ During my first 10 years in racing, I didn't have a clue what I wanted to do afterwards. However, in the past two years, I've found my direction and put tremendous effort into pursuing a career in media. JETS has been pivotal in shaping my progress. Phil's advice has ranged from course recommendations to broader professional guidance, all of which have helped provide me with the skills and confidence to move forward in the media which hopefully will help me make a smooth transition when I do decide to stop riding. ”

The 2024 Richard Davis Awards returned to Warwick Racecourse on Tuesday 5th November. The winners received their trophies at a special awards lunch attended by the Davis family (pictured), ahead of the JETS Richard Davis Awards Handicap Chase. We are extremely grateful for the generous and ongoing support of our sponsors.



THE BHA DEVELOPMENT AWARD (£1000 PRIZE)

WINNER

Elisha Whittington

Based in Lambourn, Elisha has embraced her personal development, using JETS to develop a range of skills to help her maintain her focus both on and off the track. She took part in the Jockey Ambassador training which gave her the confidence to carry out various school visits with Racing to School and has recently set up a hair extension business, quickly establishing a healthy client base, which can easily fit around her riding commitments.



“ I am really fortunate to travel to other countries riding and representing British racing though I think having other interests outside of racing is really important. I love volunteering at local schools to talk about the careers available and just love helping other people whenever and wherever I can. I enjoy helping people feel more confident about themselves with the hair extension training I completed, and I am excited for my future adventures. ”

RUNNERS UP

Mia Nicholls and Fred Daly



► [FIND OUT MORE ABOUT THE AWARDS, READ PROFILES AND WATCH FILMS ON ALL OUR FINALISTS ON OUR WEBSITE.](#)

NEW JOCKEY MATTERS FILM COMING SOON!

Filming is underway for a new film focusing on mental wellbeing. Featuring a number of people who make up 'the jockey family' the film highlights the extensive support system that exists around a jockey, reminding them of all the people who jockeys can turn to when they might be struggling.

CONGRATULATIONS TO....

Our very own Phil Kinsella who completed a two year Racing Foundation Future Leaders course

Franny Norton (pictured) who has gained his Level 2 Jockey Coaching qualification

Laura Pearson & Franny Norton who have been selected as Athlete Ambassadors for the Dame Kelly Holmes Trust

Hugh Nugent who now has a C1 Russian language certificate from St Petersburg University

Rhian Ingram for passing her LGV driving test

Poppy Bridgwater and Paula Muir (pictured) who are both now qualified Dog Groomers

Richard Perham, Josh Quinn, Alice Bond, Sam Feilden and Charlie Poste who have all passed their Level 2 practical exams as part of their Personal Training course





MILESTONES

1995

JETS established as the Jockeys Employment & Training Scheme



1997

First Richard Davis Awards were held
First media training courses carried out



2002

Lisa Delany joined JETS as General Manager



2004

JETS wins National Training Award



2006

Introduction of IJF Progress Award at Richard Davis Awards

2010

First JETS candidates to graduate from university with help of JETS Scholarship

2015

New logo and website to mark 20th anniversary
Launch of Friends of JETS scheme
Phil Kinsella joins JETS as Personal Development Manager



2016

Launch of Jockey Matters film series
Introduction of PDPs for Jockeys at Licensing Courses
Lisa Delany wins inaugural Rory MacDonald Community Award



2017

JETS changed its name to Jockeys Education & Training Scheme reflecting the focus on CPD of jockeys (Continued Personal Development)
20th Richard Davis Award and introduction of BHA Development Award for current jockeys

2020

Racing Foundation funding boost allows expansion of provision

2021

New Jockey Training & Development website & Jockey Lifestyle Workbook introduced



2023

Richard Davis Awards held at Warwick Racecourse for first time
Jockey Ambassador Training programme launched

2024

Sheila Bailey joins as new JETS Chair & Trustee replacing Andrew Chalk after 22 years
20th Jockey Matters film released
137 training applications received – our highest ever in a calendar year

GET IN TOUCH!



@JETS4Jockeys



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